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Post-Sedation Patient Instruction

DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home
- Arrangements should be made for a responsible adult to remain with the patient for 24 hours after surgery. Under no circumstances should the patient be left alone
- Following the sedation appointment, 24 hours may be required for the full effects of the medication to wear off

TRANSPORTATION

- Private automobile is preferred, public transportation is not recommended

FOOD & BEVERAGES

- Clear fluids are advised for at least 6 hours
- Soft foods for 2-3 days (depending on procedure)
- Do not consume alcohol for 24 hours following the procedure

MEDICATIONS

- Resume normal medications as directed by your physician following the appointment

ACTIVITY RESTRICTIONS

- Do not operate motor vehicles or machinery for 24 hours or longer, if drowsiness persists
- Do not sign or enter into any legal contract for at least 24 hours

SMOKING

- Refrain from smoking 24 hours following surgery

PROBLEMS

- If you experience any acute pain, shortness of breath, heavy bleeding from the surgical site or any other post-operative problems please contact the dental office